

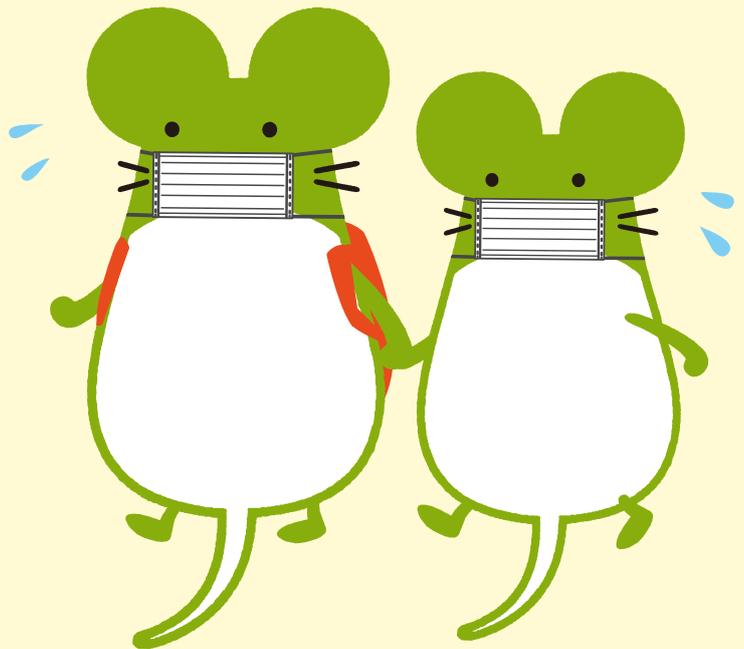


Prepare for the emergency!!

【英語版】

Sakaki Town Disaster hazard map

～ Sakaki Town Hazard Map ～



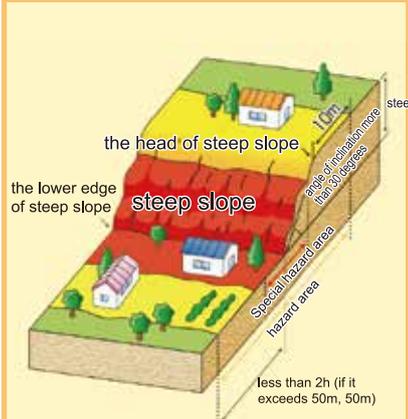
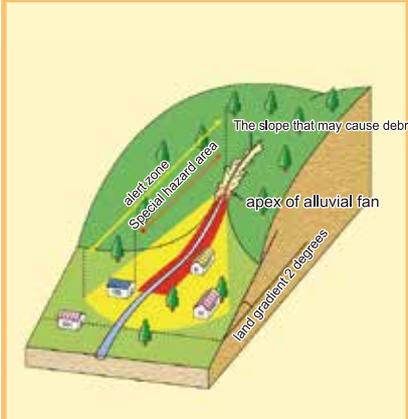
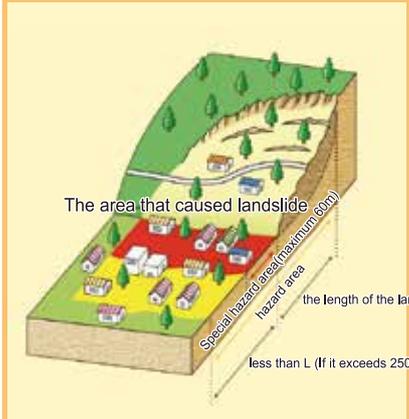
Sakaki Town

Fundamental knowledge 1

What is a landslide

A landslide is a natural disaster that occurs due to heavy rain and earthquake which cause the movement of a mass of rock, debris, land or mud going down or flowing down the slope and it brings risk to lives and properties.

The features of a landslide is that it is difficult to predict and occur repeatedly.

Landslide (slope failure)	Debris flow	Landslide
 <p>The most common type of disaster in Japan is landslide, in which a slope becomes unusually soft due to the infiltration of rainwater. As a result of soft land, the ground collapses rapidly. It usually happens in some houses, so some residents escape in their house very late.</p>	 <p>Stones and sand on the hillside and mountain stream have been falling and pushed down due to the torrential rain which it affects in destroying trees, houses or buildings and even cars pass by accidentally.</p>	 <p>Landslides are a phenomenon that the land loosens because of heavy rain on weak geological land. A part of the loosened slope slowly moves downward due to the influence of groundwater and gravity.</p>

Special landslide hazard area

Areas where there is a risk of sediment disaster are called "landslide hazard areas". Among them, areas where houses are destroyed and may endanger human lives are called "special landslide hazard areas" to distinguish them.

hazard area "yellow zone". Areas where it may cause landslides.	Special hazard area "red zone". Areas that may endanger human lives
<p>People who stay there are informed about the risk and the evacuation preparation is regularly conducted.</p> 	<p>Permit system for special development activities and structural regulations of buildings are enforced.</p> 

※ For detail, search by "長野県土砂災害防止法" (Naganoken doshasaigai boshihō)

Fundamental knowledge of disaster 2

Evacuation information tips

If the flood or the inundation may occur due to the typhoon and heavy rain, Sakaki machi or Japan Meteorological Agency will announce an evacuation information. Please check the hazard map and possible flood zone (painted blue). If your area is announced alert level 3, 4 and 5, please prepare for the evacuation or evacuate to a safe place. Also, when the local government opens the shelters for citizens, we will inform you which shelter you can use.

	Alert level	What people should do	Evacuation information
↑ <the local government announce>	Alert level 5 Disaster or imminence	Danger of life: Immediately ensure safety! The natural disaster has already occurred. Take immediate action to ensure your life.	Ensuring emergency safety
	↓ Be sure to evacuate by alert level 4! ↓		
	Alert level 4 High risk of disaster	Evacuate everyone from dangerous places If you think it is dangerous to move to a public shelter, evacuate to a safer place nearby or a safer place in your home.	Evacuation order
	Alert level 3 There is a risk of disaster	Elderly people evacuate from dangerous places Evacuate elderly people, people with disabilities, infants and their supporters. Others should prepare for evacuation or voluntarily evacuate if they feel danger.	Evacuation of elderly people, etc.
↑ <Japan Meteorological Agency announces>	Alert level 2 Deteriorating weather conditions	In preparation for evacuation, <u>check your evacuation behavior</u> using the evacuation behavior hazard map, etc.	Flood warning Heavy rain warning, etc.
	Alert level 1 There is a risk of worsening weather conditions in the future	Get ready for a disaster.	Early warning information

The following are the means for acquiring information about evacuation advisories and evacuation orders in your own language.

[APP]

Download app "Safety tips" You can get disaster information in multiple languages



[SNS]

Follow an official account of Sakaki-machi "@sakaki_town" on twitter



[WEB]

Check Sakaki-machi disaster prevention website
<http://www.bousai-sakaki.jp/sakaki/alarm>

※ Please use auto translation such as google translate when you check Sakaki-machi official twitter account and official website. Moreover, you can receive information via email (Sakaki sugu mail), emergency mail alert (works in multiple languages). We recommend you to prepare some ways to receive instruction and advice from Sakaki-machi.

Evacuation tips

Cautionary points of evacuation

※The new coronavirus is more likely to be transmitted when a large number of people gather, such as in evacuation centers.
To prevent infection, prepare a mask on a regular basis.

Be careful when evacuating in the event of a disaster especially on the road you usually take, also, be careful of falling objects or debris. In order not to panic when it comes to an emergency, consult or ask advice of a family member and neighbor in advance about where and which road to evacuate.

Confirmation of evacuation route



You must take out less items while evacuating



Dispose of fire, door lock



Accurately grasp disaster information



Fale uns com os outros nas vizinhanças



Evacuate on foot as much as possible



Cooperate to evacuate



Take measures against infectious diseases at the shelter



The town may issue an evacuation advisory if the occurrence of a disaster can be predicted in advance. Pay attention to TV, radio, internet, mobile phone and circumstances around. Take appropriate action when an evacuation order is issued. However, sediment-related disasters are difficult to predict in case you feel dangerous evacuating voluntarily as soon as possible informing each other of danger within the neighborhood, even if no evacuation order is issued.

Cautionary points of heavy rain and flood

When there is heavy rain, the Japan Meteorological Agency announces various weather information. Since the weather changes quickly, you need to pay attention to your circumstances. You should check the information constantly and evacuate before the heavy rain affects your life and property.

Wear comfortable shoes



Check an underwater with the stick



When you evacuate, you should tie your body with other persons with a rope



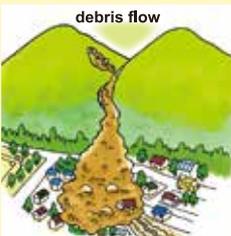
If it is too late to escape, you have to find solid buildings to secure your life.



Cautionary points of landslide disaster

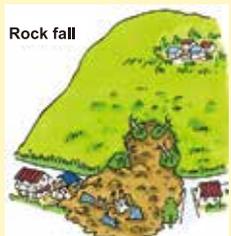
In order to secure your life from the landslide, you must evacuate to a safe place before the landslide occurs. Before the landslide occurs, precursory phenomena might happen. These are stated below. If you can see these, you should communicate with your neighbours and evacuate to a safe place.

debris flow



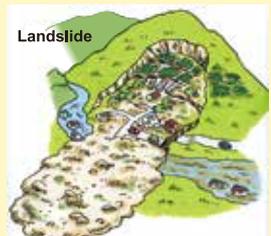
- Suddenly the river water becomes muddy and the driftwoods start floating.
- Decrease in river water level despite the continuous rain /The rumbling of a mountain

Rock fall



- Cracks on the cliff
- Pebbles fall down
- Water springs from the cliff

Landslide

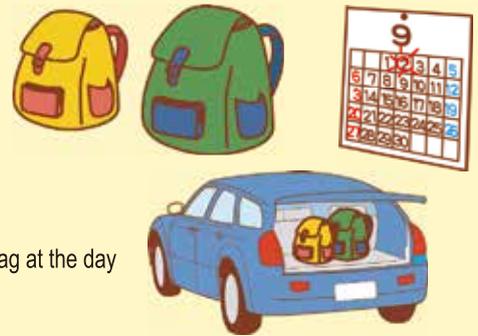


- The ground cracks and sinks
- Water blows out from the slope
- Water of wells and valleys become muddy

Daily preparation

7 major principles of emergency kit

- ① 15kg for 1 male, 10kg for 1 female approximately
- ② Emergency kit should be carried by a backpack
- ③ Prepare a emergency bag 1 per person
- ④ Prepare an emergency bag in a car trunk
- ⑤ Store emergency bags at several places
- ⑥ Set a date of your family disaster preparedness day and check the contents of the bag at the day
- ⑦ Prepare your own indispensable things



Emergency kit

- Living necessities
 - clothings underwears □towels □a flashlight
 - a portable radio, spare batteries □masks □alcohol disinfectant
 - a thermometer(infectious disease countermeasures)
- Valuables
 - cash(You should have ¥10 coins)
 - bankbook, inkan(signature stamp)
- Emergency food
 - drinking water □hard dry biscuits □tablewares such as paper plates □a can opener
- Emergency medicine
 - injury medicine, bandages □cold medicines, gastrointestinal medicine □regular medicine



Emergency stockpile

- Living ware
 - blanket, sleeping bag □news papers □toiletries □a pot
 - writing instruments □a bucket, etc
- Emergency food
 - drinking water (2L per person a day)
 - preserved food (canned food, retort food)
 - confectionery such as chocolate, seasoning, etc
- Fuel
 - desktop stove □mobile stove □gas cylinder□solid fuel, etc



The list of shelters and facilities

The name of districts	Shelters, institutions		the location	shelters	emergency shelter	the center shelter
Minamijo	1	Nezumi community center	276 Oaza Minamijo	●	●	
	2	Nezumidan community center	482-68 Oaza Minamijo	●	●	
	3	Shinchi community center	781 Oaza Minamijo	●	●	
	4	Shinchidanchi community hall	979-10 Oaza Minamijo	●	●	
	5	Kanai Hachi Kumiai community center	1757 Oaza Minamijo	●	●	
	6	Kanaichiku Daizuto Seisan Shinko Center	2330-1 Oaza Minamijo	●	●	
	7	Minamijo ringyo center	2525-4 Oaza Minamijo	●	●	
	8	Iriyoko community center	3764 Oaza Minamijo	●	●	
	9	Sakaki Techno Center	4681-35 Oaza Minamijo	●		
	10	Machiyoko mini park (Kyu Minamijo kindergarten)	4745 Oaza Minamijo	●		
	11	Izumi playground	4600 Oaza Minamijo	●		
	12	Minamijo elementary school	2036 Oaza Minamijo	●		●
	13	Machiyoko community center	4729-3 Oaza Minamijo		●	
	14	Izumiku community center	4640-2 Oaza Minamijo		●	
	15	Minamijo kindergarten	2003-18 Oaza Minamijo			●
Nakanojo	16	Nakanojo community center	1341 Oaza Nakanojo	●	●	
	17	Sakaki Chikuma head fire station	1126-1 Oaza Nakanojo	●		
	18	Sakakimachi Culture Center	2468 Oaza Nakanojo	●		●
	19	Sakaki Junior High School	926 Oaza Nakanojo	●		●
	20	Sakakimachi Gymnasium	2468 Oaza Nakanojo			●
Sakaki	21	Yotsuya community center	9315 Oaza Sakaki	●	●	
	22	Inukubo community center	8985-5 Oaza Sakaki	●	●	
	23	Tamachi community center	6541 Oaza Sakaki	●	●	
	24	Minamihina community center	4549-3Oaza Sakaki	●	●	
	25	Kitahina community center	3075-1 Oaza Sakaki	●	●	
	26	Hinazawa community center	1939-3 Oaza Sakaki	●	●	
	27	Omiya community center	1187 Oaza Sakaki	●	●	
	28	Shinmachi community center	1067-1 Oaza Sakaki	●	●	
	29	Tatemachi community center	6388 Oaza Sakaki	●	●	
	30	Sakaha community center	10202 Oaza Sakaki	●	●	
	31	Kariyahara community center	296-1 Oaza Sakaki	●	●	
	32	Sakaki high school	6727 Oaza Sakaki	●		●
	33	Sakaki elementary school	6228 Oaza Sakaki	●		●
	34	Sakaki kindergarten	6204 Oaza Sakaki	●		●
	35	Chushinshigaichi community center	6313-2 Oaza Sakaki	●		
	36	Goshozawa community center	7180-2 Oaza Sakaki		●	
	37	Asahigaoka community center	6069-5 Oaza Sakaki		●	
	38	Komiyama community center	6313-2 Oaza Sakaki		●	
	39	Yokomachi community center	6313-2 Oaza Sakaki		●	
Kamigomyo	40	Kamigomyo community center	733- 1 Oaza Kamigomyo	●	●	
Uwadaira	41	Murakami kindergarten	1540 Oaza Uwadaira	●		●
	42	Murakami elementary school	1428-1 Oaza Uwadaira	●		●
	43	Uwadaira community center for children	982-2 Oaza Uwadaira	●		
	44	Onozawa community center	1601 Oaza Uwadaira	●		
	45	Oami community center	2229-1 Oaza Uwadaira	●	●	
	46	Uwadaira community center (Sakaki Hureai center)	1334-4 Oaza Uwadaira		●	
	47	Uwadaira community hall	340 Oaza Uwadaira		●	
Amikake	48	Amikake community center	564-4 Oaza Amikake	●	●	
	49	Hukuzawa community center	2991-4 Oaza Amikake	●		
	50	Tsukimiku community center	900-42 Oaza Amikake	●	●	

The list of executive agencies and medical institutions

The executive agency

Name	Locations	Telephone number
Sakaki machi town hall	10050 Sakaki	0268-82-3111
Sakaki Chikuma head fire station	1126-1 Nakanojo	0268-82-0119
Sakaki Chikuma head fire station	1221 Isobe, Chikuma City	026-276-0119
Naganoken Chikuma police station	1548-1 Awasa, Chikuma City	026-272-0110
Nagano ken Chikuma police station Sakaki branch office	9474-5 Sakaki	0268-82-2008
Chikumagawa Kasen office	2222 Shibamiya, Togura, Chikima City	026-275-0133
Nagano Kokudo Zimusho Ueda branch office	2-16-33 Fumiri, Ueda City	0268-22-2737
Naganoken Chikuma Kensetsu Office	1881 Yashiro, Chikuma City	026-273-1720
Naganoken Naganohoken Hukushi Zimusho	98-1 Okada , Nakagosho, Nagano City	026-223-2131

Medical institutions

Name	Locations	Telephone number
Irokawa Clinic	10057 Sakaki	0268-82-2143
Koda Internal Medicine	842-2 Minamijo	0268-75-7887
Sakaki Seikyo Clinic	1032-1 Nkanojo	0268-82-0101
Takeichi Clinic	2525 Nkanojo	0268-82-2606
Toshin Yoshida Internal Medicine, Rheumatology	643-2 Kamigomyo	0268-81-1330
Matsuo Clinic	6322-1 Sakaki	0268-82-2013
Murakamido Oi Clinic	1545-1 Amikake	0268-81-3131

Electricity, gas, tap water, sewers, telephone

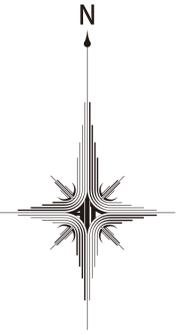
Name	Locations	Telephone number
Chubu Electric Power Company, Incorporated Ueda branch office	1-7-29 Chuo, Ueda City	0268-22-1240
Ueda suido kanri zimusho(water supply management office)	613 Suwagata, Ueda City	0268-22-2110
Chikuma river ryuiki gesuido kensetsu office	(Aquapal Chikuma) 1060-1 Mashimakawai, Nagano City	026-283-4170
Nippon Telegraph and Telephone East Corporation	(inquiries for repair of telephones)	113



Sakaki Town

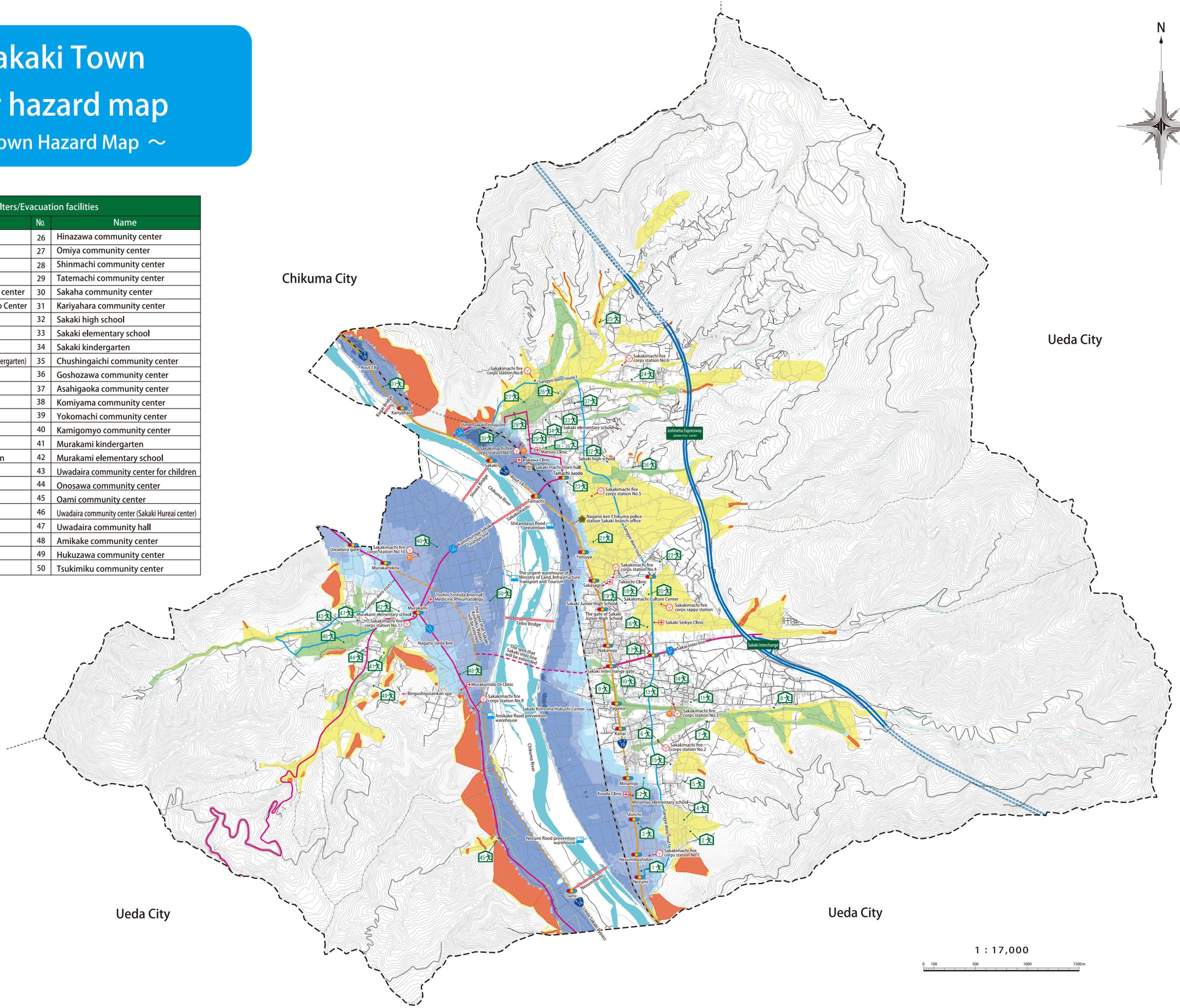
Disaster hazard map

~ Sakaki Town Hazard Map ~



Shelters/Evacuation facilities			
No.	Name	No.	Name
1	Nezumi community center	26	Hinazawa community center
2	Nezumidan community center	27	Omiya community center
3	Shinchi community center	28	Shinmachi community center
4	Shinchidanchi community hall	29	Tatemachi community center
5	Kanai Hachi Kumiai community center	30	Sakaha community center
6	Kanaichiku Daizuto Seisan Shinko Center	31	Kariyahara community center
7	Minamijo ringyo center	32	Sakaki high school
8	Iriyoko community center	33	Sakaki elementary school
9	Sakaki Techno Center	34	Sakaki kindergarten
10	Machiyoko mini park (Kyu Minamijo kindergarten)	35	Chushingaichi community center
11	Izumi playground	36	Goshozawa community center
12	Minamijo elementary school	37	Asahigaoka community center
13	Machiyoko community center	38	Komiyama community center
14	Izumiku community center	39	Yokomachi community center
15	Minamijo kindergarten	40	Kamigomyo community center
16	Nakanojo community center	41	Murakami kindergarten
17	Sakaki Chikuma head fire station	42	Murakami elementary school
18	Sakakimachi Culture Center	43	Uwadaira community center for children
19	Sakaki Junior High School	44	Onosawa community center
20	Sakakimachi Gymnasium	45	Oami community center
21	Yotsuya community center	46	Uwadaira community center (Sakaki Hureai center)
22	Inukubo community center	47	Uwadaira community hall
23	Tamachi community center	48	Amikake community center
24	Minamihina community center	49	Hukuzawa community center
25	Kitahina community center	50	Tsukimiku community center

Examples of map symbols	
	Shelters/Evacuation facilities
	The town office
	The police station
	Fire stations / Fire corps stations
	Medical centers
	Disaster prevention centers
	Flood disaster prevention centers
An explanatory note of alert area	
	Landslide disaster special hazard area
	Landslide disaster hazard area
An explanatory note of possibility of flood disaster	
	The area where the depth of flood water is less than 0.5m
	The area where the depth of flood water is more than 0.5m and less than 3.0m
	The area where the depth of flood water is more than 3.0m and less than 5.0m
	The area where the depth of flood water is more than 5.0m and less than 10.0m
	The area where the depth of flood water is more than 10.0m and less than 20.0m
	The areas that are assumed that the reservoir burst



Ueda City

1 : 17,000



Sakaki machi town hall